



FALL 2014 PHASE OF PLAY CLINICS



AYSO REGION 678 Fridays - Fall 2014

AYSO Region 678 is delighted to offer all U7 – U14+ players the opportunity to take part in the Challenger Sports Phase Of Play Clinics. Every player will receive 8 weeks of high intensity training of how to play in all three thirds of the field. The sessions will progress from Phase 1 - Defensive Third to Phase 2 - Midfield to Phase 3 - Attacking Third. All sessions are coached by Challenger's Professional British Soccer Coaches.

8 WEEK CURRICULUM

- 1st Phase 1: Denying the Opposition
- 1st Phase 2: Defending as a Unit
- 2nd Phase 1: Maintaining Possession
- 2nd Phase 2: Utilizing Wide Players
- 2nd Phase 3: Unlocking the Defense
- 3rd Phase 1: Beating the last Defender
- 3rd Phase 2: Combination Play
- 3rd Phase 3: Finding the Back of the Net

U7/8: Friday 4:30pm – 5:30pm

U10: Friday 5:30pm – 6:30pm

U12: Friday 6:30pm – 7:30pm

U14+: Friday 6:30pm – 7:30pm

Fridays: Aug 15 – Oct 3

Location: Placerita Junior High

Cost: FREE for all AYSO 678 players

Please bring: Ball, shin guards, water



For Further details: email JGilligan@ChallengerSports.com or coach@ayso678.org