# **AYSO REGION 678**

# TECHNICAL DEVELOPMENT & GOALKEEPER CLINICS

## 8 WEEK CURRICULUM:

**8 WEEK PROGRAM** 

- Ball Familiarity
- Changing Direction
- Freestyle
- Changing Speed
- Addressing the aerial ball
- Controlling surfaces
- Attacking Moves Introduction
- Attacking Moves Advanced





# Friday Aug 16 - Oct 4

AYSO Region 678 is delighted to welcome all U8 - U14+ players to our Technical Development Clinics in Fall 2013.

All sessions will be conducted by the professional coaches of Challenger Sports. The sessions encourage confidence, creativity and the ability to maintain possession as an individual and team.

LOCATION: Placerita Jnr High COST: \$0 for all AYSO players

### TECHNICAL DEVELOPMENT CLINICS

U8 4:30PM – 5:30PM U10 5:30PM – 6:30PM U12 6:30PM – 7:30PM U14+ 6:30PM – 7:30PM

### **GOALKEEPER CLINICS**

U10 4:30PM – 5:30PM U12 5:30PM – 6:30PM U14+ 6:30PM – 7:30PM