

Thinking of Coaching?

If you are thinking about coaching and in that same thought you are thinking the following then let me help you in the correct decision making:

Question: You are not sure if you have the time?

Answer: If you have the time to drop your child off and then pick-up from practice or you stay there during practice, then throw that excuse out.

Question: I am not sure if I have enough knowledge of the game or I wouldn't know what to work on during the practices.

Answer: AYSO & Region 678 will provide you with sufficient information through coaching classes that we offer prior to the start of the season, along with online links that are on our web site for ideas of different drills that you can use at your practice and your division coordinator and coach administrator can assist you with any of your concerns. You will never be left alone and the sooner you jump in and test the waters the easier it is. Don't feel that you are going to have to teach your team everything about the game in one season. For the early years keep it simple and focus on the basics and some of the rules of the game and toward the end of the season if the kids have improved on say 4 or 5 things then you have done well. It's not always about winning thought it is nice to win a few games. What is important is that the kids are having fun because that's what makes the kids want to come back and play again. If you get some wins that is simply icing on the cake. For some of you who have been involved for some years and have sat on the side lines and said to yourself "what is he doing" "why doesn't he do this" or you have different ideas that you think would be better. Now is the time to put your thoughts into action.

Question: If I do decide to coach is it possible to have me set up with a assistant that may have more knowledge of the game than myself that can help me get my feet wet?

Answer: For the non-competitive division which is U-8 and below the answer is yes. For the competitive division the answer is no. Coaching your son or daughter is a great opportunity in being with your child and being involved with his/her learning with what comes with a sport and being with your child and interacting with their friends and their acquiring new ones. You too will also come to meet a lot of great people, from parents on your team to the AYSO family. Who knows maybe you too will acquire new friendships. It may sound corny but the two reasons I continue to stay involved with AYSO Region 678 are the kids and the great people that are involved with the Region, from the people on the board, referees, coaches and all that are involved with Region 678. I hope you decide to jump in and at least give it a try.

Now that you have made the right choice here is what you are going to need to do:

- Either at registration or online go to <u>www.ayso678.org</u> click on Coaches and to the right click on "Safe Haven Training Online" and follow the steps. After you fill out the volunteer form and print 2 copies, one is for your records and the other is to be mailed to the CVPA (Willie Niner 25561 Serena Dr., Valencia, CA. 91355) also email Willie at <u>cvpa@ayso678.org</u> letting her know that you completed this step.
- Once Willie receives your email & your volunteer form she will then contact you by email and/or phone and give you your AYSO Volunteer ID#.
- Go back online <u>www.ayso678.org</u> and click on coaches, and again click on "Safe Haven Training Online" and complete the coarse which only takes approx 10 min.
- Once you have completed the above steps go to our web site <u>www.ayso678.org</u> click on Coaches and then click on "Register for Coach Events" and follow the steps that will get you registered for the coaches training class that is age appropriate for the level you are wanting to coach. The class length varies from approx 3 hours for U-5 to U-8, and U-10 to U-12 approx 6 hours. If you have difficulties signing up for the coarse email me at <u>coach@ayso678.org</u>

You are done and now ready to experience all of the challenges and rewards that come with coaching.

Sincerely yours:

Regional Coach Administrator